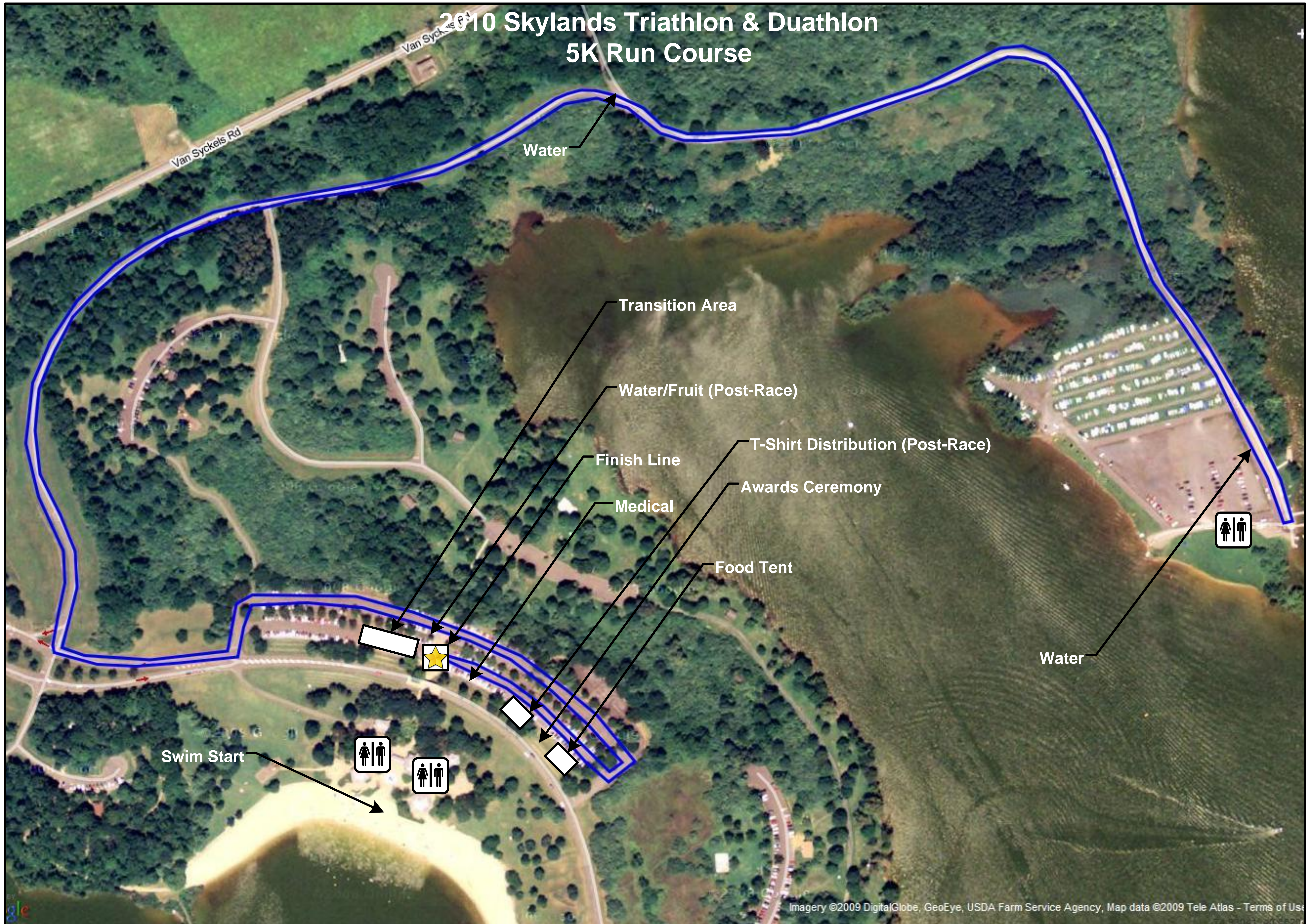


2010 Skylands Triathlon & Duathlon 5K Run Course



Van Syckels Rd

Water

Transition Area

Water/Fruit (Post-Race)

Finish Line

Medical

T-Shirt Distribution (Post-Race)

Awards Ceremony

Food Tent

Water

Swim Start